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Laughing in the Face of Change©

With National Humorist, Karyn Ruth White

The fear of change, or more simply put, the fear of the unknown can paralyze an organization and its people. Whether it's a new computer system, a change in corporate culture or a change in job description, each personality type reacts to change differently.

This program takes a humorous look at how personality type affects "change-ability." For example, the "Questioner" may see change as a threat and need detailed information before accepting it. "The Visionary" may be ready to leap into change unconcerned with the details, while "The Challenger" may enthusiastically defend the status quo. We each have our own unique way of dealing with uncertainty and better understanding our own style will help us move more effectively through the change process. In this high-spirited program, National Humorist, Karyn Ruth White will guide us in a discussion around the personality of change. Using humor to gently show us ourselves (and our co-workers) will help us gain some insights around how we will choose to deal with the inevitability of change as individuals and as an organization. Laughing In the Face of Change has been well received during times of peak change by organizations such as Xcel Energy, Nextel Communications and General Mills.

Karyn Ruth White is a National Humorist and Life Skills Coach. She is the owner of Laugh and Learn Productions, a Colorado-based company dedicated to inspiring people to live and work with less stress and more enthusiasm. Miss White has worked for over 10 years with large organizations and associations throughout the country and can be reached at krw@karynruthwhite.com.